

410-313-1425

Ellicott City Senior Center Plus March 2015

Hours: Monday-Thursday 10:00am – 2:00pm, Friday 10:00am-1:00pm Felicia Stein, Senior Center Plus Director; <u>fstein@howardcountymd.gov</u> Joyce Nagel-Mortell, Assistant Director; <u>inagel@howardcountymd.gov</u>



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Paws 4 Comfort 1:00 Bulletin Board	10:00 Coffee Talk 10:15 Good Old Days 10:45 HCC ESL students 12:00 Lunch 1:00 Exercise w/Fran	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Art w/Barry and Maddy	Aquatic Wellness Program and Lunch at Roger Carter Center 3000 Milltowne Drive Ellicott City, MD 10:00-2:00	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00
2	3	4	5	6
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Paws 4 Comfort 1:00 iPad activity	Senior Center Plus Closed Staff Meeting	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Art Activity	10:00 Coffee Talk 10:15 Good Old Days 10:45 Music w/Ed S. 12:00 Lunch 1:00 Exercise w/Fran	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00
9	10	11	12	13
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Paws 4 Comfort 1:00 iPad activity	10:00 Coffee Talk 10:15 Good Old Days 10:45 St. Patrick's Day 12:00 Lunch 1:00 Exercise w/Fran	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Art Activity	10:00 Coffee Talk 10:15 Good Old Days 10:45 Healthy Tasting w/Jodi 11:00 Spelling Bee 12:00 Lunch 1:00 Exercise w/Fran	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00
16	17	18	19	20
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Paws 4 Comfort 1:00 iPad activity	10:00 Coffee Talk 10:15 Good Old Days 10:45 Music w/ Ed L. 12:00 Lunch 1:00 Exercise w/Fran	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Birthday Party & Music w/ Peter Francis	10:00 Coffee Talk 10:15 Good Old Days 10:45 Garden Club 12:00 Lunch 1:00 Exercise w/Fran	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie	10:00 Coffee Talk 10:15 Good Old Days 11:00 Karaoke	25	26	Birthstone – Bloodstone (Courage) Flower – Daffodil
12:00 Lunch 12:30 Paws 4 Comfort 1:00 iPad activity	w/DJ Doug 12:00 Lunch 1:00 Exercise w/Fran			Color – White

Let's Celebrate our March Birthdays!



A big thank you to Gary Pon for the delicious cakes he bakes for our monthly birthday celebrations! This month we will be celebrating birthdays on Wednesday, March 25th at 12:45.

Thank you to HoneyBaked Ham for their continued support of our program.

Please feel free to join us as we wish a very happy birthday to Jennie, Eddie, Sandy and Rose!

IMPORTANT DATE(S) TO PUT ON YOUR CALENDAR!

ECSC+ Trip to Roger Carter Center – Thursday, March 5, 2015 ECSC+ CLOSED – Tuesday, March 10, 2015 Staff Meeting

To inquire about resources, respite care needs, and/or caregiver support, contact Maryland Access Point of Howard County (MAP) at 410-313-5980 or Email: map@howardcountymd.gov

Inclement Weather Policy:

When Howard County Schools are closed or delayed two hours due to inclement weather, Ellicott City Senior Center Plus is closed. If the schools are delayed by one hour, the center is open. When the public schools have a scheduled day off, please tune to WBAL-TV for possible weather related closures of the center. Contact the center at 410-313-1425 to hear a recorded message regarding center operations.



RTA Contact Information: 1-800-270-9553...Press 3 and follow prompts